

Charity News

Final edition

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future news, updates
and newsletters



Dear supporters...

As we enter winter, I want to take a moment to reflect on the incredible generosity and support shown by our community throughout the year. From mountain climbs and golf days to cake sales and marathons, your kindness has helped us continue making a real difference across Basildon, Broomfield, and Southend hospitals.

This summer saw a full calendar of charity and community-led events, including our ever-popular Walk for Wards and Tackle the Tower. We're especially grateful to the Kirste 5 running community, who hosted their final memorial race this year - raising over £60,000 over 12 years for Southend's Breast unit and Macmillan cancer care. What an impact they and their participants have made – we thank you all.

Looking ahead, we're excited to have launched the Dandelion Appeal, focused on enhancing end-of-life care across our three hospitals.

The response has already been incredible, with special thanks to Southend's Mayor, Councillor

Nigel Folkard, for choosing it as his Mayoral Charity of the Year (see pg. 15).



As my team and I get ourselves ready for Christmas, please take a look at page 3 for ways to donate gifts to patients and to enter



our Grand Prize Draw, with a £1,000 first prize kindly donated by MedicsPro.

Proceeds will benefit your chosen hospital - Basildon, Broomfield, or Southend.

We also continue to see the lasting impact of legacy giving, with the opening of Southend's first dedicated cancer research suite, made possible through a gift in will from Helena Woolley. Through our partnership with Octopus Legacy, supporters can now access a free will-writing service (without any obligation to pledge a gift) further details be found on pg. 6.

Finally, I must share that this will sadly be our last printed newsletter.

Due to rising costs - and our commitment to keeping patient care at the heart of all we do - we'll now send future updates by email.

We'd love to stay in touch but need your permission to do so.

Please scan the QR code on the front page or email us at mse.charity@nhs.net to opt in to receive our email updates going forward.

As always, thank you for being part of our amazing community. Your support - whether through donations, your time, or spreading news of our work, and how to be a part of what we do - continues to inspire us every day.



Lucy Thomas-Clayton

Director, Charities and Voluntary Services

Helping your hospital this Christmas

Here's how you can help our patients and staff over Christmas

Every donation you make has a direct and positive impact on our patients and staff. As we approach Christmas, the generosity of you, our local community is so very appreciated. **Cash donations** mean that we can forward plan for bigger projects, whilst **Christmas gifts** at this time of year mean that a stay in hospital over Christmas is made a little more festive.

To keep in line with infection control policies, and so that we can get your gifts to where they need to be in time for the big day, here are a few things we ask you remember when generously giving:

Our patients love **Christmas gifts**: from books and puzzles to toys and toiletry items. These are appreciated by patients from toddlers to the elderly. We welcome gifts for teenagers, who are often overlooked.

Any gifts need to be brand new, unused and in original packaging (where that applies).

Donate via the charity, not direct to wards

This is really important - it means that we can let our clinical teams do what they do best, caring for patients and we can get your donations to them at a suitable time.

Contact the charity (mse.charity@nhs.net) to let us know when you plan to donate your gifts - we can make sure we have storage space ready and that our team are there to thank you.

As tempting as it might be, **please leave gifts unwrapped**, this means that we can ensure that we know what we're giving to who and that the gift is safe and age appropriate.

For ultimate ease, the below Amazon wish lists QR codes will take you direct to items selected by ward staff.



Scan for Children's and
Care of the elderly
Amazon Christmas wish lists



Christmas Grand Prize Draw

1st prize - £1,000 cash

2nd prize - £500 cash

3rd prize - £100 cash



£1 per ticket - raising funds for Basildon, Broomfield and Southend hospitals
Tickets available from the charity teams at each site and from our charity shops.

Alternatively contact on 0300 443 0052 for tickets

The draw will be held on 18 December 2025 at 12 noon

Final ticket entries - 17 December

First prize £1,000 kindly donated by Medics Pro

The impact of your donations

The generosity of our community makes everything we do possible. Thanks to your donations and support, we've been able to go above and beyond NHS funding to change lives across mid and south Essex.

Here's what your support has achieved this year:



702 wards have been provided with charitable funding support



£784,000 of charitable funds has been invested in **supporting our patients**



£205,000 spent supporting **staff well-being**



£479,000 contributed to supporting **medical research**



£981,000 invested into **patient equipment**

Helping our staff go even further to provide Breast cancer support in and around Basildon



A £945 grant is now helping Elaine Fuller, one of our highly-valued Healthcare assistants from Basildon Hospital, run a monthly support group for local women affected by breast cancer.

What began as a Facebook group, following her own experiences of breast cancer in 2007 and 2011, has become an in-person hub for support, connection, and wellbeing activities. Elaine's dream is to grow this into a full resource centre working alongside Breast units.

Elaine, photographed, left said "Face-to-face connection is so important and was missing in the area. I created the support group which I felt was missing in my own journey."

Helping lung surgery patients breathe easier

From your support we've funded £3,944 for exercise bikes and smartwatches to support a new rehabilitation programme for thoracic surgery patients at Basildon's Cardiothoracic Centre.



The equipment helps patients strengthen their lungs and bodies before surgery and regain independence afterward. The programme is already showing positive results for patients at Basildon Hospital.

Mr Badran, Consultant Thoracic Surgeon, said "We are incredibly grateful to our charity supporters for making this important initiative possible. The resources go beyond NHS provision and will help us better monitor and guide our patients through recovery."

Together we make a difference

Shining a light on Spotlight supporters

We're delighted to share the incredible success of the Spotlight Radiotherapy Appeal, run in close partnership with **Southend Hospital Charitable Foundation**. Thanks to the amazing generosity of Southend Hospital supporters, the appeal raised an outstanding £920,000 – far beyond the original target of £600,000!



Back in July, the Foundation's Chairwoman **Emma Wynne-Morgan** hosted a celebratory thank-you event which welcomed supporters, charity staff, trustees, and members of the Radiotherapy team. It was a special moment to reflect on what we've achieved together as a community.



Launched in February 2023, the appeal's aim was to fund cutting-edge Surface Guided Radiotherapy Treatment at Southend Hospital.

This new technology, which is now in place, improves comfort, reduces side effects, and provides more accurate radiotherapy delivery, all without the need for permanent tattoos and full-face shell masks.



The charity team has loved every minute of supporting the Spotlight Appeal and has been blown away by the incredible support it has received from the local community. From generous individual donations and purchases from our charity shop customers to local groups and organisations like Rotary Clubs, Essex Masons, New Leaf, and Stockvale Ltd, every donation has made a real difference to cancer patients.

Although the appeal has now closed, support remains vital for ongoing enhancements in radiotherapy care.

Your continued support of the Southend Radiotherapy unit will allow improvements to changing and waiting areas, advancements in technology, and the development of radiotherapy immobilisation devices.



IN PARTNERSHIP WITH octopuslegacy

Write your will for free today

Give a gift in your will



A LASTING DIFFERENCE. A LASTING LEGACY

Mid & South Essex Hospital Charity have partnered with **Octopus Legacy** to offer you a free will-writing service.

There's no obligation to leave a gift, but if you choose to support our hospitals, your legacy could fund life-saving equipment, enhance patient experiences, and support pioneering projects across our hospitals.

Every gift, no matter the size, helps shape the future of compassionate care in your community.



Use the code **MSEFREE** at checkout to claim your free will today

Online

- Easy step-by-step process
- Legal experts check over each will
- On-hand support

Over the phone

Call **020 4525 3605** to book an appointment with a solicitor/will writer

In person

Call **020 4525 3605** to book a home visit or an in branch appointment with a solicitor/will writer

Real gifts. Real impact

Gifts left in wills, often referred to as legacy gifts, don't just help patients today - they hold the power to change lives for generations to come.

Thanks to a generous legacy left by the late **Helena Woolley**, cancer patients in mid and south Essex now have access to groundbreaking cancer treatment options closer to home.



Thanks to Helena's gift, the **Helena Woolley Research Suite** at Southend Hospital is now a reality - Southend's first dedicated inpatient cancer research facility. With this specialist space, we can now offer patients access to life-changing clinical drug trials, right here in Essex.

Opened in May 2025, the £430,000 specialist suite provides two spacious, comfortable rooms meaning that patients no longer need to travel long and exhausting distances to take part in clinical drug trials when receiving life-saving treatment for cancer.

Helena's powerful legacy is already bringing hope and new possibilities to people facing cancer across mid and south Essex.

Another lasting legacy helped fund a pilot role for our **first Inherited Cardiac Conditions (ICC) Nurse** - a gift left in one of our valued supporters' will that has already changed hundreds of lives, including that of Emma Jayne Isbell.

Emma (pictured centre, with ICC Nurse Amy and Cardiology lead and consultant Dr. Jason Dungu) was just 29 when she was diagnosed with Dilated Cardiomyopathy - a hereditary heart condition. After losing her mother and brother to heart failure, Emma worried about her own, and her daughters' future.

Thanks to the charitable funded ICC service at Basildon Hospital, her daughters were both screened - confirming that her youngest is the first in 33 bloodline relatives to be free of the condition. Her eldest, who carries the gene, now receives full specialist support with a bright future to look forward to.



When Emma's health declined rapidly, ICC Nurse Amy spotted the signs. This action led to Emma's admission, treatment, and ultimately a life-saving heart transplant in May 2023. "Amy helped me survive - not just physically, but emotionally," Emma shared. "I couldn't have got through the darkest days without her."

Legacy gifts like these are a lifeline for so many of our patients already receiving care. From cancer research to cardiac care, they ensure we can go further for our patients - now and in the future.

Every legacy, big or small, has the power to save lives.

Summer 2025 - powered by you

This summer, our incredible supporters really stepped up - taking on events and personal challenges to fund causes close to their hearts. Every pound raised made a real difference, from a stroke rehab garden to contributing to life-saving equipment for premature babies.

Here's a glimpse at some of the challenges our incredible supporters completed:

London Marathon 2025 success

A huge thank you and well done to our six inspiring runners - **Melissa Mould, Katie Edwards, David Massam, Chloe Lumley, Michelle Tsang-Chan, and Keith Whiskin** - who took on the London Marathon and raised an impressive £21,815 for our hospitals.

From ICU gardens to NICU support and cancer care, each mile they ran will make a real impact. They truly went the distance for great causes!

Supporters step up (and down!) for our Hospitals



This summer, our incredible supporters took fundraising to new heights – literally! Between Tackle the Tower and Walk for Wards, over 220 people stepped up to raise vital funds for Basildon, Broomfield, and Southend Hospitals. Every penny raised will help enhance care, equipment, and environments across a wide range of hospital services.

Tackle the Tower

Sponsored by Ryan & Walsh Ltd.



In May, more than 70 brave fundraisers faced their fears and abseiled 154ft down Southend Hospital's tower block, raising a fantastic £33,251. From stroke services and cancer care to baby bereavement and children's units, each abseiler chose a cause close to their heart. Their courage and determination will help transform care for patients and families across our hospitals.

Walk for Wards

Sponsored by Adventure Island

Over 150 supporters - families, friends, and hospital staff, laced up in September for our annual 7km route along Southend seafront. With donations still coming in, the event is expected to raise over £12,000 for a wide variety of departments, chosen by each of our brilliant walkers.



To everyone who took part, donated, or volunteered in 2025 - thank you!

Your impact at Basildon Hospital

Vital equipment boost thanks to League of Friends

Basildon Hospital's **Emergency Department** and **children's wards** have received a vital equipment upgrade, thanks to a generous donation of over £11,800 from the **League of Friends**.



The Emergency Department has benefited from an additional CSM monitor - a portable device used to track patients' vital observations; essential for managing high patient volumes and delivering rapid care.

Their funding over on the children's wards, has meant that three new parent beds and two recliner chairs are making a big difference for families. These additions allow parents to stay more comfortably at their child's bedside, supporting their emotional wellbeing during difficult stays.

Natalie's Everest challenge for breast cancer care

Wickford mum **Natalie Robinson** has taken on the trek of a lifetime to Everest Base Camp - all to say thank you to **Basildon Hospital's Breast Cancer Unit**. Diagnosed with Stage-one breast cancer in May 2023, Natalie underwent surgery and 16 weeks of chemotherapy. With her husband and daughter by her side, she's raised over £10,000 (and counting!) through events and sponsorships to give back. "The team were always there for me, even after treatment," said Natalie.



Natalie's inspiring journey honours the care she received - showing how personal challenges can become powerful acts of support.

Noah's Big Charity funds NICU training breakthrough

Noah's Big Charity has donated £33,444 to **Basildon's Neonatal Intensive Care Unit (NICU)**, funding two cutting-edge training tools that will improve outcomes for premature and critically ill babies.

The Video Laryngoscope enhances safety during newborn intubation, while a SimNewB simulator allows staff to practise emergency procedures in realistic scenarios.



Founded by **Richard and Lydia Hobden** in memory of their son Noah, born 15 weeks early and cared for at Basildon, Noah's Big Charity has supported Basildon's NICU for over 12 years. Their ongoing support has helped enhance training and provide additional resources for our expert NICU team.

Your impact at Southend Hospital

Helen's 100km Ultra-marathon raises £3,625 for dementia care

Long-time Southend Hospital supporter [Helen Hughes](#) took on her biggest challenge yet in May - completing the 100km Brighton Ultra Challenge in 14 hours and raising £3,625 for dementia services.



The cause is personal: Helen's father, Arthur, was diagnosed with dementia in 2023, and she dedicated every step of her journey to him.

Helen's connection to the hospital began during the COVID-19 pandemic, when she volunteered to help pack and deliver staff care hampers. Since then, she's continued to fundraise and support charity events - travelling from Hertfordshire to do so.

Her latest challenge, supported by her mum's own afternoon tea fundraiser, will contribute towards the funding of comforting spaces, resources, and equipment for dementia patients and their families at Southend Hospital.

Garden tribute brings colour and comfort

A once-neglected courtyard at Southend Hospital has been transformed into a beautiful garden in memory of [Sue Marney](#), who passed away in December 2023 aged just 59. Funded by her [husband Ron and their five adult children](#), and designed by Ron with the support of hospital gardeners.



Sue spent her final days on the Elizabeth Loury Ward, where her family witnessed the compassion of hospital staff firsthand. This tranquil garden now offers a peaceful, uplifting space for patients and families alike – a beautiful tribute to Sue, and a gift to all who spend time on the ward.

CaydenFest raises over £5,300 for bereaved families

A family festival in memory of baby Cayden, who was tragically stillborn in 2020, was hosted by parents, [Becky and Anil Sivarajah](#), raising an incredible £5,302 for Southend Hospital's [Butterfly Suite](#), supporting families after birth and loss.



Their longstanding fundraising contributions have directly supported the continued development of the maternity bereavement suite since Cayden's birth - funding essential items and creating a space of care, privacy, and compassion at the most heartbreaking times. Becky and Anil's fundraising not only brings in vital donations but also raises awareness around baby loss, making a lasting difference for other grieving families.

We are deeply thankful for their unwavering support of such a vital service which supports parents at such a devastating time.

Your impact at Broomfield Hospital

Amber's gift of joy to Broomfield children

After her own battle with bone cancer, 10-year-old [Amber Butcher](#) from Chelmsford wanted to give back. Inspired by the brand-new toys she received while in isolation at Broomfield Hospital, Amber teamed up with friends at The Beaulieu Park School to raise £2,400 through a cake sale and fundraiser.



Every penny went toward toys for young patients at the hospital. Her thoughtful donation, inspired by gratitude and compassion, has brought comfort and joy to children facing treatment - just as it once did for Amber and her younger sister, Lyla.

Climbing for River: A family's thanks to our wonderful NICU team

In a powerful show of gratitude, [Ryan and Becca Percy](#) from Boreham climbed Mount Snowdon in September, raising over £3,500 for [Broomfield Hospital's Neonatal Intensive Care Unit](#). Their son, River, was born at just 29 weeks and spent eight critical weeks in NICU.

During their time on the unit, the Percys found more than just medical care - they found dedicated emotional support; crucial at such an uncertain time for them all.



The couple's fundraising challenge was a deeply personal way to thank the incredible NICU staff who helped them through one of the most difficult times of their lives. Their efforts will now go on to support other families and tiny lives starting their journeys in Broomfield's care.

Friends at Broomfield fund lifesaving neonatal equipment



Thanks to the incredible generosity of the [Friends at Broomfield](#), Broomfield's Neonatal Unit has received an

additional state-of-the-art neonatal transport incubator worth over £47,000.

The vital equipment ensures safe and stable transfers for seriously ill or premature babies between wards and may also be used to support external transport teams during busier periods.

Providing consistent ventilation, the incubator reduces risk during critical transfers. We are so grateful to the Friends for their unwavering commitment to improving patient care at Broomfield, their support helps our hospitals ensure patients receive the highest-quality care from their very first moments.

Volunteers & Charity Shops

Join our wonderful volunteer team

Volunteering in one of our charity shops isn't just about giving your time – it's about gaining so much in return. Whether you're looking for a new sense of purpose, want to meet new friends, or just fancy being part of a lovely, welcoming team – we'd love to have you on board.



Our flexible shifts work around you, and you'll be making a real difference, helping raise vital funds for your local NHS hospital. Pop into your nearest shop to chat with us – we promise a warm welcome.

Fresh new look in Leigh-on-Sea



Our Leigh-on-Sea shop has had a lovely makeover! With a smart new shop front and a fresh interior redecoration, it's now even more inviting for our wonderful supporters and volunteers.

Follow us online!

Our shops now have their own social media accounts – follow **@MSEHospitalsRetail** for the latest news, behind-the-scenes updates, and special finds from our amazing shop teams.

Congratulations, Wendy!

A big round of applause to Wendy Fatuga, one of our highly valued shop team members, who is celebrating an incredible 10 years of NHS service this September. Wendy's unwavering dedication, particularly at our Leigh shop, has made her such an admired and dependable presence – we're so lucky to have her!

Charity shop locations & opening times

Hadleigh

258 London Road
SS7 2DE

Leigh

65 Broadway West
SS9 2BX

Southend Hospital

Outpatients Dept.

Westcliff

183 Hamlet Court Road
SS0 7EL

Hadleigh, Leigh and Westcliff shops are open:
Mon - Sat 9.30 am - 4.30 pm

Southend Hospital shop is open:

Mon - Fri 9.30 am - 4.30 pm*

Donations are accepted every day during business hours (all shops)

*Opening hours can vary at this store with our ongoing drive to welcome volunteers to the shop.

Shop enquiries:

0300 443 0052 opt.4 ext 35734

Want to help patients make it to and from hospital appointments?

Our **Care Car volunteer drivers** play a vital role, bringing patients to and from their hospital outpatient appointments. For some, this may be their only chance for face-to-face interaction all week, providing both transport and a friendly chat to those who may not have anyone else. Recruitment checks are required, with full training, PPE, and full expense reimbursement provided.

Could you help? Email mse.msevolunteers@nhs.net or phone 0300 443 0052

Thank you also to...

Community-led events in 2025

Some of the amazing groups we're proud to call our supporters do such a fantastic job hosting their own fundraising events. We simply couldn't do what we do without them.

Kirste5 running community



After 12 wonderful years, the **Kirste5 running community** hosted their very last Kirste5 Memorial Race in memory of their dear friend Kirste. Over that time, they've raised an incredible £60,000 to support Southend's Breast cancer unit and Macmillan cancer care. Over the years, this special event has welcomed hundreds, and we're so grateful for all the hard work and heart that went into making it such a meaningful event.

Foulness Island bike ride

Hosted by **Southend City Rotary Clubs** raised £2,000 (and counting!) for Southend Hospital's Macmillan Information Desk, providing vital support to those affected by cancer.

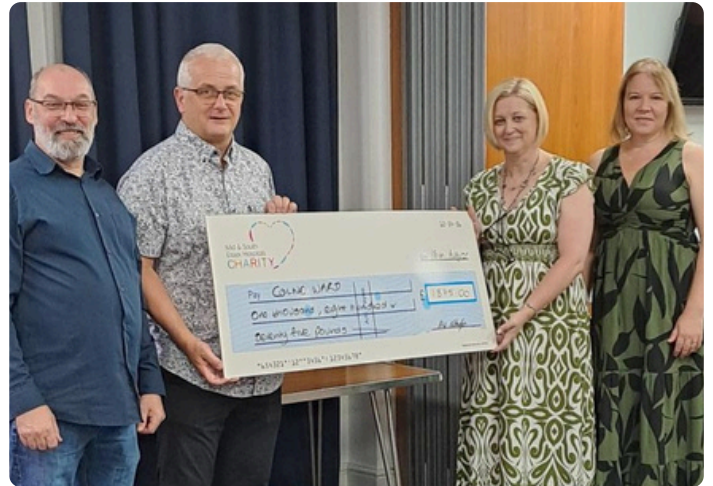
Great pier walk

Leigh-on-Sea Rotary Club brought together the community and raised £3,010 for a fun day supporting the Spotlight Radiotherapy Appeal.

Alfie's ball

Emma and Danny Cox hosted their seventh ball in memory of their son, Alfie, raising an incredible £6,764 for the Alfie Cox Fund supporting Maternity, Bereavement, and Neonatal care at Southend Hospital.

Jennifer Baisden, Ultrasound Superintendent at Basildon Hospital (joined by her son and his friend), took on Ben Nevis, raising £800 for maternity ultrasound enhancements. Thank you, and well done!



St George's Lodge - 4117 raised a brilliant £1,875 for Basildon Hospital's Colne Ward at the Cardiothoracic Centre. Thank you all so much.

Jo Yates of Yatesy's Boxing Lab and bereaved mum **Keeley Lengthorn**, a £3,000 cold cot has been donated to Southend Hospital in memory of Keeley's baby George.



Thanks to funding from **Beaverbrooks Lakeside's Charitable Trust and David Burton-Sampson**, Basildon's children's ward now has a beautiful new play garden – bringing so much joy to our patients and their families.

Sisters **Pam Withrington, Brenda LeVoi-Bailey**, and all who supported the **Hair Clubbin Charity Ball**, raising £4,709 for Southend's Butterfly Suite.

Thank you also to...

Broomfield Breast Reconstruction

Awareness team kicked up their boots for a 20th anniversary Barn Dance.



Together they raised over £700 to support those affected by breast cancer.

Thank you to **Natalie Sandford**, who was inspired by her dad's care after a 2023 stroke, ran her first full marathon in Brighton, raising £1,920 for Southend Hospital's Stroke unit.

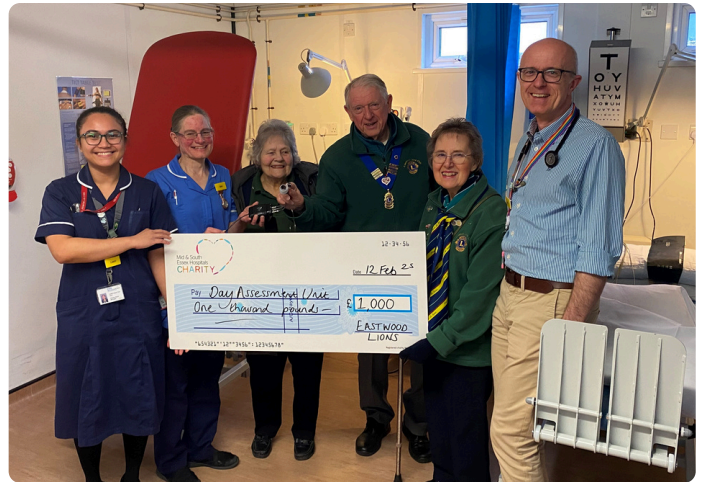
Sam and Pete Goldring's generously donated profits from their Ruby Fly High shorts. Created in loving memory of their daughter Ruby, supporting Southend Hospital's Butterfly suite which provides comfort to parents following birth and loss.

North Thameside Ladies Auxiliary - their ongoing support and for donating vital kitchen equipment to Southend's Renal unit, improving care and comfort for patients and staff.

Members of the **Mid & South Essex Hospitals charity team and Broomfield Hospital** climbed the O2, raising over £2,000 for Broomfield's Breast unit, A&E, and Southend's Colorectal cancer department.

Dan Boughtwood completed the Southend Half Marathon, raising nearly £16,000 for the Spotlight Appeal, he was inspired by his wife Hanna's cancer care.

We're incredibly grateful for the ongoing support of our local **Lions Clubs** – including **Eastwood Lions Club** (photographed, below donating equipment to the Day Assessment Unit). Together, they've supported us in funding vital equipment at Southend Hospital for many, many years. Their generosity has directly benefited patients and staff across our hospitals. Thank you for your continued commitment to improving care and making a lasting difference in our community.



Rachel Church, who climbed Ben Nevis in June, raising vital funds for Southend's Critical Care Unit.

Sylvia Beckett celebrated a significant birthday by raising £1,000 in lieu of gifts for Broomfield's Chemotherapy unit - thank you.

Three colleagues from **BEW Electricals** raised £1,095.83 for Basildon Hospital after their teammate Martyn received care last Christmas.

Our amazing golfers!



A huge thank you to **Graeme Aitken, Craig Kenrick, SEER colleagues, and Aaron and Amie Stephens with DSSL** for their incredible golf days.

Together, our golfers raised over £18,500 for Broomfield, Southend, and Basildon Hospitals - supporting maternity bereavement, chemotherapy, neonatal, and stoma care.

Introducing the Dandelion Appeal

Earlier this year, we launched the Dandelion Appeal to enhance end-of-life care at Basildon, Broomfield, and Southend Hospitals.

Its goal is simple but vital: to create calm, compassionate spaces where patients and their loved ones can share their final moments together in comfort and dignity.

When someone you love is nearing the end of life, every second matters. Sadly, clinical environments often feel just that – clinical. Yet the people we care for will have lived full lives, rich in experiences, relationships and love – and we want their final moments to count.



The Dandelion Appeal aims to change that – funding peaceful, thoughtfully designed rooms where families can be together, supported by our End-of-life teams, and at ease.

Our end-of-life patients need your help

With your support, we can fund meaningful improvements – sleeper chairs and bedside beds for loved ones to remain close, soft lighting, cosy bedding, and grief support for children and families. Small touches that make a big difference.

Our community's support

We're incredibly grateful to Southend Mayor, Councillor Nigel Folkard, who has chosen the Dandelion end-of-life Appeal as his Mayoral Charity of the Year, and to the Friends at Broomfield, who've pledged £25,000 to improve end-of-life facilities at Broomfield Hospital.



The support we've received already, means that we've been able to take the first steps on this important journey; we can now plan and start work on a number of rooms – **but there's still more we'd like to offer those reaching the end of their lives.**

£5 provides a bereavement bag

£25 funds a memory box

£1,000 would fund a bedside bed for a loved-one

£5,000 contributes to end-of-life room enhancements

Your support means that we can go even further for patients, their families and the incredible NHS staff that support our end-of-life patients.

Please support the Dandelion Appeal today – and help us bring warmth, dignity and comfort when it matters most.

Scan here to find out more, and to donate



WED 4 FEB
THE MAYOR OF
SOUTHEND'S
WINE & DINE GALA

Cliffs Pavillion, Southend-on-Sea
£67.50 pp. includes evening meal, entertainment and charity auction
Tickets: www.southendmayorscharity.net/event
Supporting the Dandelion end-of-life Appeal

SUN 8 MARCH
CAMBRIDGE HALF
MARATHON

Midsummer Common, Cambridge
£50 registration + £350 min. sponsorship
Support a Mid & South Essex NHS Foundation Trust area of choice
Contact mse.charity@nhs.net for details and registration

SUN 12 APRIL
BRIGHTON MARATHON

Preston Park, Brighton
£50 registration + £350 min. sponsorship
Support a Mid & South Essex NHS Foundation Trust area of choice
Register: www.msehospitalscharity.co.uk/event

SAT 16 MAY
TACKLE THE TOWER
ABSEIL

Southend Hospital
£50 registration + £100 sponsorship target for dept. of choice
Register: www.msehospitalscharity.co.uk/event

SUN 17 MAY
COLCHESTER 10K
STAMPEDE

Colchester Zoo
£15 registration + £200 min. sponsorship
Support a Mid & South Essex NHS Foundation Trust area of choice
Contact mse.charity@nhs.net for details and registration

..... ✂
Make a donation to make a big difference

Please use BLOCK capitals

£..... donation enclosed for.....Hospital
I would like to support (please list fund/dept/ward)

.....
Please make cheques payable to MSE Hospitals Charity.

Title: Mr [] Mrs [] Miss [] Other:
First Name: Surname:
Address:
Postcode:Telephone:
Mobile:
Email*:

*Please complete your email address. To save costs we prefer to email our thank you letters.

Signature:
Date:

Please return this donation form to:

Mid and South Essex Hospitals Charity, The Lodge, Southend
Hospital, Prittlewell Chase, Westcliff-On-Sea, Essex, SS0 0RY

Please remember to gift aid

Boost your donation by 25p for every £1 you donate.

I would like to gift aid my donation to
Mid and South Essex Hospitals Charity, please tick
the box, below:



I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference. Please notify us if you want to cancel this declaration, change your name or home address, no longer pay sufficient tax on your income and/or capital gains. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

If no specific hospital, ward or department is stated above your gift will automatically be placed in a general fund for direct beneficial work of Mid and South Essex Hospitals Charity. Registered Charity No. 1057266

If you wish to make a donation for a particular purpose, we will strive to honour your wishes and direct it to the most closely aligned area in the charity. This does not constitute a legal trust.

We will contact you to acknowledge safe receipt of your donation and will record your details on our database so that we can provide you with the best possible support every time you contact us. As you have generously supported us, we would like to keep you updated about our work and other ways you can help. We may send you occasional emails with news and appeals (you may opt-out of these emails at any time).

Your information will not be shared with any third party.

If you do not wish to receive these communications by email, please tick this box: []



www.msehospitalscharity.co.uk



0300 443 0052



mse.charity@nhs.net