

Donated Gifts

Thank you for your interest in donating items for Mid & South Essex Hospitals Charity.

We welcome gifts for all of our patients, but in particular for our paediatric in-patients and our elderly patients who may not have relatives or friends able to visit them, especially over the festive season.

To ensure the safety of our patients, we politely ask you to adhere to the following guidelines when considering the gifts you can donate.



01 Infection Control

We gratefully accept donations of new items from the list below. We can also accept some pre-loved items that are in excellent condition and can be wiped-clean with anti-bacterial wipes. For example, we can accept a used portable dvd player and dvds, but sadly we cannot accept new or second-hand soft toys.

02 Packaging

Please ensure that any new gifts are still in their original packaging and unwrapped, so that staff can distribute accordingly. We also welcome wrapping paper or gift bags.

03 Wish List

Please see the list below for some ideas of the most useful gifts for our patients:

- Toiletry sets
- Moisturiser
- Lip balms
- Toothbrushes
- Non-slip socks and slippers
- Bluetooth headphones
- Portable DVD players and DVDs
- Biscuits and chocolates
- New wipe-cleanable toys
- Books
- Colouring books and pens
- Jigsaw puzzles
- Board games.

04 Delivery

Please provide notice before delivery, so that we can ensure a member of the charity team is available to meet you. We kindly ask that you do not deliver gifts directly to the wards, as our clinical staff are extremely busy and patient safety is, of course, our main priority.



For more info:

**Mid and South Essex
Hospitals Charity**

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